



Restriction Exemption Program Guidelines to TLC Users- COVID 19

Ensuring the health and safety of staff and visitors remains paramount for the operation of TLC.

- Masks are mandatory upon entrance to the TLC and are required in all public areas, including the lobby, stairways, bleachers, dressing rooms and washrooms. All users must follow current Public Health Orders, posted signage and facility rules.
- Do not attend the facility if you are feeling unwell or have symptoms of COVID-19.

Facility Access:

- Participants and Spectators are to not enter the facility any earlier then 30 mins prior to their allotted time slot and are to vacate the facilities within 20 mins after their ice session.
- Please come dressed as much as possible to limit your time in the dressing rooms.
- Dryland is not allowed in the hallways, if a warm up is required, it is to be done outside prior to entering the facilities to get ready for the ice session.

Youth Organized Sports (Minor Hockey, Ringette, Skate Club, Soccer, Lacrosse, Swim Club...)

Youth under 18 accessing the TLC for the sole purpose of taking part in an organized or registered sport program, are exempt from the REP, and are not required to provide proof of vaccination status, physician note, or negative test.

Youth participating in sport activities must:

- screen for symptoms
- maintain 2-metres distancing and
- wear a mask (except while engaged in physical activity)

Adult coaches, trainers and volunteers who are part of the organization and critical to ensure that the activity takes place, are exempt from the REP. Organizations must be prepared to verify the identity/status of these individuals prior to their rental time.

Adults assisting younger athletes to enter/exit the building and/or with equipment are required to provide proof of vaccination status, negative test or medical exemption. Organizations will need to consider pooling parent resources with this in mind.

Adult Organized Sports

Adults 18+ are required upon entrance to the TLC to provide proof of vaccination status, negative test or medical exemption.

Private Rentals

Persons renting facility spaces privately will be required to provide proof of vaccination status, negative test or medical exemption and relevant rental agreement will apply.

Parents and Spectators

Youth ages 12-17 and Adult 18+ must show proof of vaccination, negative test or medical exemption if they wish to spectate, use any other amenity (such as a restaurant), or participate in spontaneous use of the Fitness areas, gymnasium, fields, pool, or a mixed adult/youth activity (that require a wristband).

During the initial stages of the program, please plan to arrive a little earlier than normal. We ask for patience as we review patrons' individual paperwork at the door.

These guidelines are presented without prejudice and are subject to change without notice

Updated: September 23, 2021